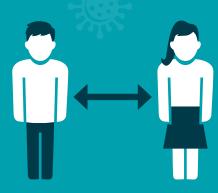
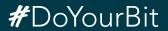
- Wash hands often & for 20 seconds
- Wear a face covering in enclosed spaces
- Keep a safe distance from anyone you don't live with
- Meet others outdoors
- Minimise the number of different people you meet
 & the duration of meetings
- Let fresh air in
- Get a test immediately if you show symptoms
- Self-isolate if you have symptoms, if you've tested positive, or if you've been in contact with someone who has tested positive















WASH HANDS OFTEN & FOR **20 SECONDS**







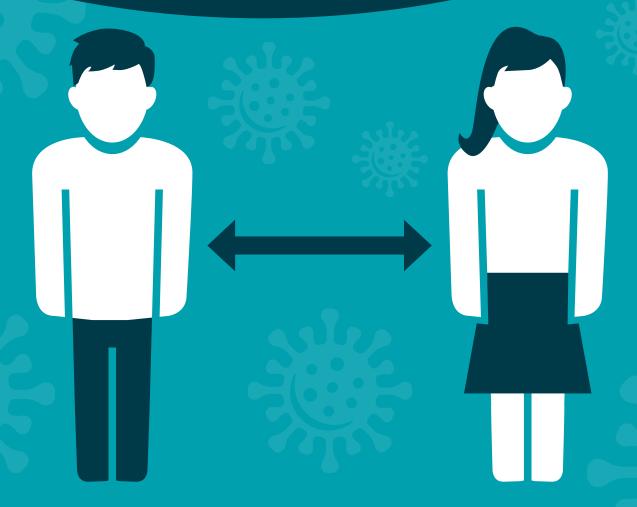


...WEAR A **FACE COVERING**IN ENCLOSED SPACES









...KEEP A **SAFE DISTANCE**FROM ANYONE YOU
DON'T LIVE WITH







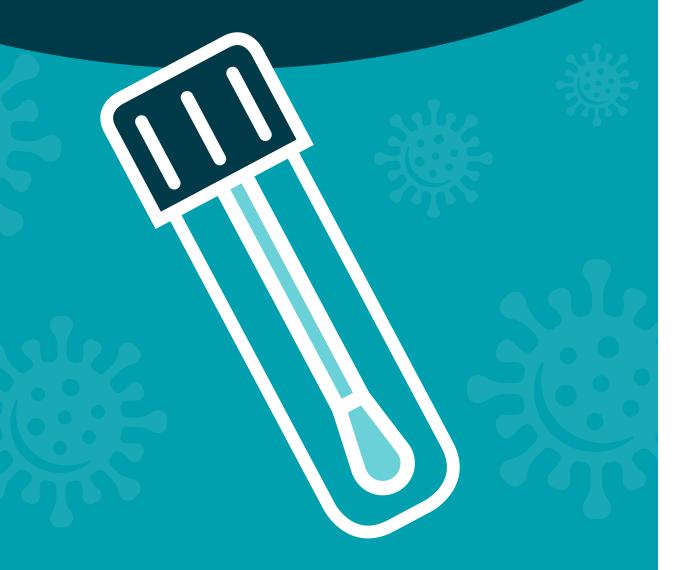


- MEET OTHERS OUTDOORS
- LIMIT THE NUMBER OF DIFFERENT PEOPLE YOU MEET
- KEEP GET TOGETHERS SHORT









...IF YOU HAVE COVID SYMPTOMS, **GET TESTED**. SELF-ISOLATE IF YOU HAVE SYMPTOMS OR TEST POSITIVE.





